Audio file

BodPod291.mp3

Transcript

Ker

Every once in a while, along comes an interview in which you we wish we had more hours just to chat with this person, Julia Herz.

Ken

His career in craft beer is so long we only scratched the surface.

Ken

Julia discusses the importance of inclusion, how homebrew clubs can do their part to reach out to more people, and.

Ken

She discusses the.

Ken

Positives and negatives of craft beer culture.

Ken

Including how to be a better partner in homebrewing.

Ken

Her advocation in the industry is 1. Many people know, and we were excited to learn so much more, but I don't want to spoil the rest of episode 291. You're just going to have to listen to hear it all.

Introducer

Whether your beer is in a bottle, can or glass, kick back and relax.

Introducer

It's better on draft.

Ken

Second, everybody. This is episode 291.

Ken

Of the better off Draft podcast my.

Ken
Name is Ken.
Ken
Thank you so much.
Ken
For joining us.
Ken
I appreciate it. We had.
Ken
A great interview earlier tonight with Big Lake Brewing and we are going to do a second interview.
Ken
Tonight this show will come out on Monday the 13th, I believe.
Ken
So if you're listening live, obviously you have to wait until Monday for the podcast.
Ken
If you're listening on the podcast, folks head on over to our YouTube page.
Ken
You can actually check out the video.
Ken
And if you're watching the video, head on over to our podcast and listen to it on the podcast.
Ken
Once again, my name is Ken.
Ken
I have.
Ken
2 beers compliments of Rob, who was on a trip over to Portland.
Ken
That is the West Coast Portland and I've got a in Linus over at three.
Ken

Gato's helped me pronounce this. It is a Iran. You have to roll the R as he says.	
Ken	
And then he didn't help me with this one, but I believe this is a Leary Leo God LLERIGE Lyrische we'll go with.	
Ken	
I'm sure someone will correct me in the iTunes comments as they leave a one star review, but Speaking of 1 star reviews, my co-host Dan.	
Ken	
What do you got over there?	
Robear	
I knew you were coming to me as soon as you said one star review.	
Robear	
*** *** well because of our guests.	
Robear	
And I got a few things going on.	
Robear	
I've got my orange blossom Mead that I started about six months ago that's currently in the works.	
Robear	
I've got my Porter that I made about a year ago.	
Robear	
And I've got this bad boy is one of my bourbon barrel aged stouts.	
Robear	
It's been sitting for about 2 years now.	
Ken	
All right. And next to.	
Ken	
You on the video we got Wendy.	
Ken	
What do you got to drink?	

Wendy
Well I am finishing up our fudgy Krueger Oatmeal stout from the last interview from Big Lake Brewing and I also have a waxwings Condor Valley brunch which is amazing.
Ken
Nicholas, how about you?
Nick
I am finishing.
Nick
Up the exploratory IPA series volume to from Big Lake and will be transitioning full time over to the Mango habanero haze also from the Dev ring.
Robear
Good choice.
Ken
And robair, what do you got?
Robear
Oh right, now I have got uzmi.
Robear
UM, I have the another non alcoholic beer, the witch peak from athletic.
Robear
And you know, since our guest is in Colorado I have a funky old couch.
Robear
From wild roots.
Ken
And our guest in our Live Zoom studio tonight, Julia Herz of the American Homebrewers Association.
Ken
Welcome.
Ken
What are you drinking?
Julia Herz

Hi everyone I've got from my friend Jeremy Storton who does good beer Matters Mother podcast out there, saint-laurent brewhouses his home brewery. He sent me his roja. Julia Herz Rosemary Orange honey ale and. Julia Herz I've yet to crack it. Julia Herz It's 5% and I'm gonna I'm. Julia Herz Gonna crack it and. Julia Herz Give you go, all right. Ken That's what we should have did. Ken We should have blasted you with all of our home brews and had you uh judge. Ken It live on the air 'cause. Julia Herz Well, yeah, I could do that. Julia Herz Send me here. Ken Send you is. Ken Is that why you got into beer? Ken Just so people would just send you beer?

Robear



Julia Herz

Coming from many different areas of the world, many different colors, right? And so I think that planted a seed in my head and then it got me to think I wanted to homebrew literally when I became of age in 2020 and when I was 21.

Julia Herz

So there's a homebrewing piece. You kind of talked about craft beer, and craft beer wasn't around then, right? Craft beer and independent craft beer is more of an evolution of what we saw in the US grow.

Julia Herz

Up from Brew pub to.

Julia Herz

Then microbrewery to then Craft brewery and dumb.

Julia Herz

So that was a later part of the game where my mind started to say I want to, I want to support the mom and pops.

Julia Herz

And dumb you asked about craftbeer.com. It's amazing website that I was helped create and publisher out starting in 2009.

Julia Herz

It's still published today.

Julia Herz

Go check it out and incredible body of work and I think all the learnings, because when I and you and us were getting to know craft beer in the early days, a lot of the education wasn't there.

Julia Herz

And so a lot of that actually trickled out and ended up on the crafter.com website, andhomebrewersassociation.org website that's been around for many, many years as well.

Ken

Now any.

Ken

Sorry, Dan, you're not not you yet.

Robear

Oh, go ahead.

Ken
You're next.
Ken
I promise.
Robear
All right, all right.
Ken
Uh, now in your repertoire, your LinkedIn page, it says that you are a beer educator.
Ken
Explain to us a little bit more about what your role is as a beer educator, whether it's current in your role in the ECE, previously in your role at the BA, or you know, your goals.
Ken
Prior to that.
Julia Herz
Sure, I think we're if you work in beer, you're educating and beer.
Julia Herz
I take it a step further where to do my job.
Julia Herz
Right now, I mean to educate people on homebrewing.
Julia Herz
I educate people not just on the hobby of it, but the enjoyment of beer and why pony.
Julia Herz
Brewing is such a valuable, passional, passionate hobby that many people do, millions of people Home group.
Julia Herz
So I educate through the form of writing, presenting.
Julia Herz
I've authored books on my coauthor beer pairing, coauthorcrocker.com Sphere and Feed course. I write an article or column. Forgive me.
Julia Herz

For Zymurgy magazine. So if you're a member of the American Homebrewers Association, you get one of the most prolific publications out there that's been published since 1978. Nine now, right?
Julia Herz
For it.
Julia Herz
And yeah, I mean, there's a lot of ways to educate and and every single day I'm busy talking about the process of brewing, the approach to brewing, as well as the sensory reward and enjoyment and also the community connection from brewing.
Ken
You mentioned zymurgy the magazine my my question is being in Michigan, 4 out of the five of us.
Ken
Dan is originally from Michigan so he is included to Zymurgy has raided Bells 2 hearted as the best beer out there for.
Ken
Four years, I think.
Ken
Or oh what?
Ken
Makes in in your opinion 'cause. Obviously you're an educator when your opinion what makes Bells 2 hearted such the well-rounded consistent craft beer of the year.
Julia Herz
You know, it's interesting 'cause you see a lot of best beers list.
Julia Herz
There's a lot of information out there from a lot of knowledgeable people in beverage alcohol, but I'm going to put zymurgy magazines, you know, best beers.
Julia Herz
List as one of those most reliable sources from people that are in tune.
Julia Herz
And in touch.
Julia Herz
And for many years it was planning the elder that was the top beer chosen.

Julia Herz And then bells 2 hearted certainly took the throne and you mentioned for multiple years now and I'm not here to speak for one beer or another. Julia Herz When you aggregate you know survey data and you have one group gravitate ING. Julia Herz You have this. Julia Herz Kind of a, you know. Julia Herz Tipping point it it it shows that something is. Julia Herz Top quality, reliable and firing in all cylinders in terms of, you know, the reward of balance of malt hops, right? Julia Herz Ethanol or alcohol to carbonation. Julia Herz The Labatt beer is traditionally known for Centennial hops. Julia Herz It's not quite a smash beer, right? Julia Herz Single malt, single hops, but it's very little malted barley. Julia Herz We believe only two or three and then truly a centric beer to one hop Centennial. Julia Herz So maybe one reason why it's doing so well is simply because it's just it's so reliable and it it doesn't overcomplicate something and it's really hard to find a consistent day in and day out. Julia Herz

IPA that quenches.

That's not too sweet, right? Julia Herz It doesn't have too much residual sugar and I I happen to think it and many of the other beers that are rated towards the top of the list are truly marks of quality and reliability for sure. Robear I would just because he said that big shout out to Mango Habanero Hayes from Big Lake. Robear When you talk about an IPA that's not too sweet, that really does. Robear I hate IPA's, but I could drink a case of that easily. Probably in about 24 hours. But let's talk homebrewing. Robear I mean, you're something you've done for a while, but I know a lot of people have and a lot of people. Robear Haven't had a lot of time. Robear If they have to really get into it, talk to us like we're layman for this. Robear Why should we ever consider homebrewing? Julia Herz I love it. Julia Herz Dan and kudos to you and I'm to take it with some of you. Julia Herz Home brew, I mean that that's that's a given, right? Robear I mean, yeah, I got a couple, right. Julia Herz I know Dan, you lead with and uod too to the meat side up, so you know why homebrew is an easy one.

Julia Herz We don't just, uh, if you're, if you're before, if you're ahead of the game and you're not living hand to mouth, right? Julia Herz You're not eating food for survival and drinking beverage for thirst. Julia Herz You can treat it as a part of the gastronomic world, right? Julia Herz The Food arts world? Julia Herz And so when people cook at home. Julia Herz They try to get better at it and when people drink beer at home, or kombucha, or sake, or me, or cider. Julia Herz Well, many millions start to say I want to try this too. Julia Herz And so to me, the reward of homebrewing is the multitude of things that all fire together as a home run. Julia Herz One of them is processed. Julia Herz It's very rewarding to me to go out and seek a recipe, right? Julia Herz Somebody tips me off on a recipe. Julia Herz I respect that person. Julia Herz I'm gonna go brew that or I I read a clone recipe. Julia Herz We published many.

Julia Herz On homebrewers association. Julia Herz Dot org and I want to try to brew that beer at home. Julia Herz That commercial beer or a gold medal winner from a competition? We have national homebrew competition coming up in Pittsburgh in June, you know, June 23rd to 25th. Julia Herz Yes, I want to. Julia Herz Try to brew those past gold medal winner beers because I want something that I created too. Julia Herz And then it's not just the day of getting the recipe and then going to get your ingredients or getting them shipped to you, but it's the the carboys always fermented fermenting. Julia Herz And bubbling away. Julia Herz In the corner of my house, right? Julia Herz It's got my favorite T-shirt on it. It can it can hear the music I play, I can talk to it. I can actually smell it if I put my nose up to the airlock. Julia Herz Right, I've got that whole experience with that beer from brewing process and conception all the way to packaging it. Julia Herz And then once I packed it, package it and if you homebrew, you get this.

Then I don't just have a finished product for myself to try, but I make other people someday, you know?

It's like a smile and a bottle or can, you know, or a growler or a keg.

Julia Herz

Julia Herz
I can bring people my homebrew, my homebrew clubs.
Julia Herz
Hey, what do y'all think about this?
Julia Herz
Entered in BJCP competitions?
Julia Herz
Enter it.
Julia Herz
In a you know I other.
Julia Herz
Other family, you know, down the street having a potluck and we're going to pair wine and beer.
Julia Herz
I bring that instead of a commercial beer.
Julia Herz
And so the reward goes far and then the social impact really does go further when someone maybe not having a good day, somebody passed away or they're having a great day, somebody had a baby when I hand them.
Julia Herz
My home brew.
Julia Herz
It's something from me to them that has true meaning and it brings me closer to them and it it expands my community every every time I brew.
Robear
That was a great answer.
Robear
Now I'm curious, just talking about this, what was the first homebrew you did on your own, and how did?
Robear
It go.

Julia Herz
Scottish Ale it was.
Julia Herz
I made it my 20s and we had a kit.
Julia Herz
So if you haven't homebrewed, you can homebrew very easily.
Julia Herz
If you can make soup, you can make beer.
Julia Herz
You can also make it.
Julia Herz
That's more complicated.
Julia Herz
Like you're setting out to make a souffle, right?
Julia Herz
This was a Scottish ale extract kit.
Julia Herz
There were no grain.
Julia Herz
Isn't it now?
Julia Herz
I definitely do both kits for extract or all grain brewing and it was super magic like me and my friend Charlie gun brewed it.
Julia Herz
On the stove top.
Julia Herz
We that package.
Julia Herz
It had a party.

Julia Herz
Our friends could not believe that it was actually carbonated.
Julia Herz
They tasted it.
Julia Herz
We tasted it.
Julia Herz
We we killed the whole 2 cases.
Julia Herz
It was a 5 gallon batch, you know the first time we brewed it.
Julia Herz
And as soon as I did that, I was hooked and wanted to get better and better at it.
Julia Herz
Error says.
Robear
Great choice of beers.
Robear
That's something I still haven't done after all these years, as is a Scottish ALE.
Robear
But you mentioned you know you're doing extract and you still do both.
Robear
These days I see a lot.
Robear
I like to think of them as as elitist that don't like when people brew with extract.
Robear
I personally typically go towards brew in a bag just because I'm in a condo.
Robear
And prefer to go all.
Robear

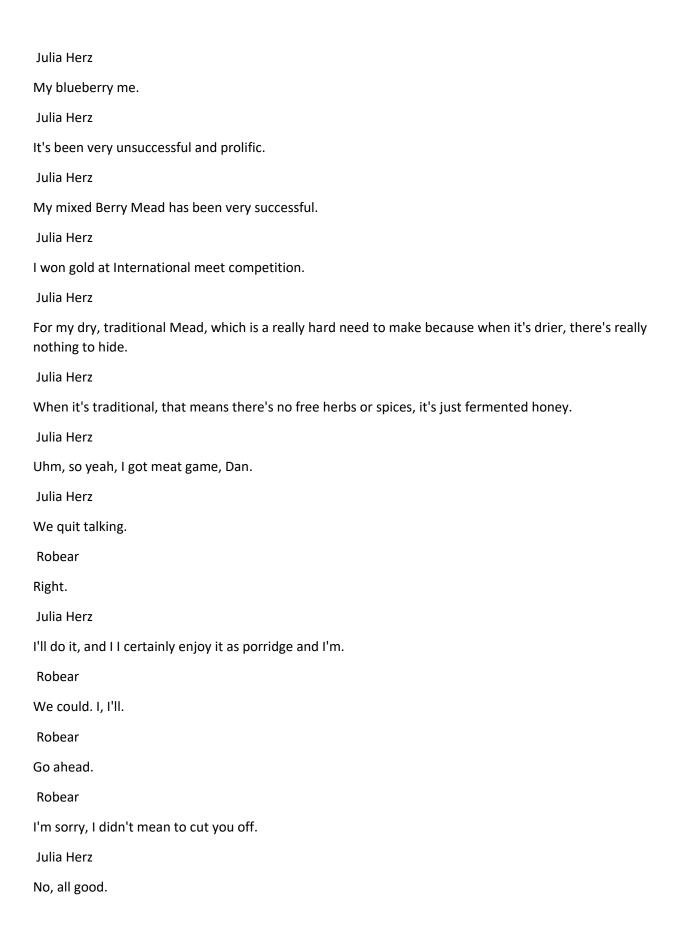
Grain, but is there a stigma? Robear Is that just something people are over? Robear You know, exaggerating when it comes to using LME, DME, anything like that? Robear Is it is it something people should not do? Robear Or what are your feelings in general about that, I guess as a whole? Julia Herz So pretty neat question to trigger some of the philosophy going on 2022 on the national level behind home brewing. You know whole grains had an incredible journey where I truly can safe actually that it helped inspire and create the entire craft beer movement in the US and now globally right and so that though with. Julia Herz Pre circa 2022. In this era, I look at homebrewing as an amazing hobby and there are some bias and stigma attached to it. Julia Herz But yet, if you're going to cook me a meal and I come to your house and it's spaghetti and you actually say, yeah, I got this jar, it's this jar. Julia Herz Betty, how dare I ever ridicule you. So, you know, 2022 beyond homebrewers. We have 37,000 members at the American Homebrewers Association. Julia Herz I hope y'all join us. It pays for itself less than \$50.00 gets. Allergy magazine. Julia Herz 2000 Plus member. Julia Herz Deals all the access to the Stephane Humbert. Julia Herz Presale tickets to Great American beer festival.

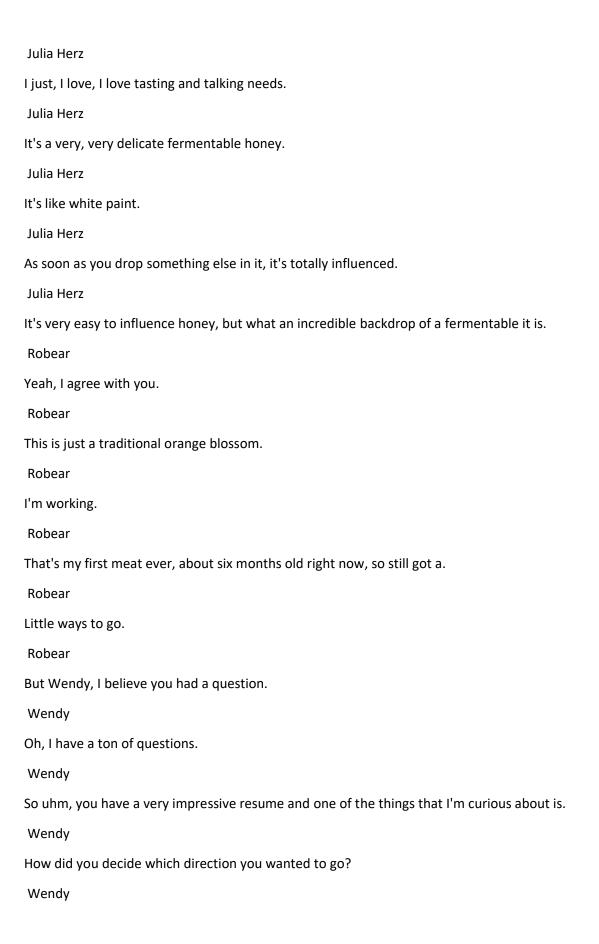
Julia Herz The list goes on and on and what I want people to do when they homebrew is feel welcome no matter where they go. Julia Herz And so if I walk into a homebrew club and I say it's. Julia Herz An extract beer. Julia Herz I would hook that homebrew club if. Julia Herz I'm still three years later. Julia Herz A member of that Homebrew Club brewing extracts. Julia Herz All they should. Julia Herz Care about is what's in the glass and how it tastes. Julia Herz And so yes, I definitely think that stigma happens in many looks. Julia Herz But it seems a little odd to me that it happens in homebrewing when it's not happening in other areas of culinary. Julia Herz All that really matters is what you what the end product is or what you produce. Robear Great answer. Robear I do love that and I feel the same way. Robear

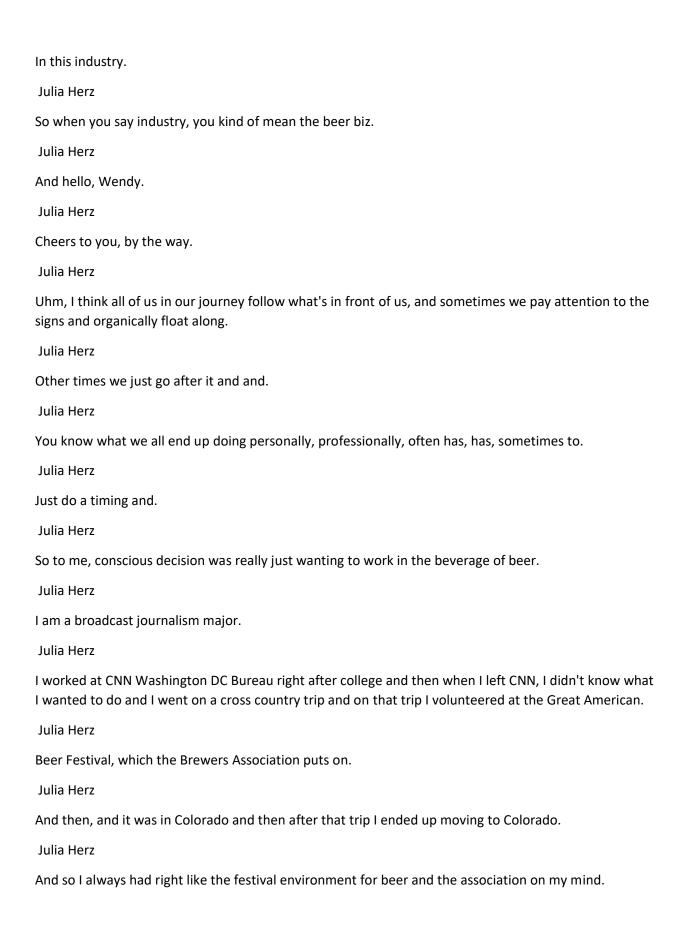
I want to switch. Robear I don't want to take up all the time because I can talk to you about this for the entire show and everyone will just get mad at me. Robear But let's switch back to the meat, because you did mention that I kind of brushed it off for a minute there, but you were also the first employee of Redstone Meadery. Robear Obviously you've brewed beer. Robear We just talked about that. Robear Have you made me while you're an employee, before your employer or after? Julia Herz So absolutely need. Julia Herz If you're into, you know, fermenting, it should be on the list. Julia Herz Mead is honey wine, fermented honey. Julia Herz Uh, arguably one of the world's oldest, if not first beverages. And before I was even at Redstone, I created a website. Julia Herz Honeywine.com, so you brought up kenketcraftbeer.com and you know, I I had honeywine.com in the early days in the 90s when Mead was starting to make the play to to grow up as a. Julia Herz Beverage category that was going to rise on the scene.

So I think that that, yeah, I've got a good history in me. I've made plenty of them. I've got award-winning

needs from BJCP competitions, the Mazer Cup and the like.







Julia Herz And so I decided I wanted to work in beer on that cross country trip and then any opportunity to do that, I started to. Julia Herz Talk to people about it. Julia Herz And so I had a chance to get my feet wet at the association in the earlier days. Julia Herz And so I went for it just based on geography. Julia Herz And then to me there was. Julia Herz No turning back where? Julia Herz I see on a national level, even global level. Julia Herz What homebrewersassociation.org is done for homebrewing, what brewersassociation.org has done for, you know, craft beers? Julia Herz And so I was fortunate enough to be able to be in the same location that the national associations were growing and evolving in out my window right now if you're watching us not looking. Julia Herz About 10 minutes out that window. Julia Herz Forgive me. Julia Herz 20 minutes out. Julia Herz That window is Boulder, Co and that's where the AJ and the Brewers Association are physically located. Wendy

So is there an accomplishment that you are most proud of? Wendy Like, and before I even finish that, I have to say I was reading an article and they listed like all the stuff that you did when you were with the Brewers associations, things that they're accrediting to you and it's things like the independent craft label, like there's some pretty. Wendy Big campaigns that they're attributing to you, is there something that you have done throughout your career that you're most proud of? Julia Herz Love the question. Julia Herz And yes, I'm, I'm pleased and proud of my body of work that continues to grow today. Julia Herz We're all works in progress, so don't you know, don't cap it off yet. Julia Herz There's more to come. Julia Herz One one of the most in my back pocket, but still out in the space and you do bring it up is helping support. Julia Herz And then making awareness, putting on the math independent craft Brewers. And so in 2007, there was an opportunity for me to work back at the Brewers Association as craft Beer Program Director. Julia Herz And so anything I did was the result of many people doing it. Julia Herz But my job certainly was to grow.

Julia Herz

Julia Herz

Awareness and demand.

For small and independent craft beer. And in 2007, no one was talking independent craft beer, right? And so when the independent craft Brewers seal came out, which is what you've brought up, Wendy, that's that upside down beer battle that you see on so many craft beers.

Julia Herz

That was 2017 and I was one of the lead architects behind that. I'm very proud to have.

Julia Herz

Been at the, you know, at the place and the convergence in time where, the National Association said.

Julia Herz

We are here to advocate, promote and protect small independent craft Brewers.

Julia Herz

So what are we going to do next?

Julia Herz

And with the course of many people weighing in, we did put into place the independent craft Brewers seal.

Julia Herz

And so I'm very proud of that and I think that will have, you know, generational help for mom and pop businesses that are fighting in a very tough market, especially since this concept of craft.

Julia Herz

Is that and Co opted.

Julia Herz

And the notion of making craft beer now isn't really always going to go hand in hand with independent businesses.

Julia Herz

But that's exactly who started the notion of craft beer.

Wendy

That's amazing.

Wendy

So, uhm, as a as a woman, I'm not.

Wendy

I have not done my own home brewing yet.

Wendy I've thought about it, kind of played with the idea a little bit. Wendy That's not hasn't been my next step yet, but I have a lot of friends I'm I'm very lucky to be. Wendy In an area where there is a lot of women oriented groups based in beer so I have been able to take part in a bunch of different homebrewing things and. Wendy What do you suggest for women who would like to start out homebrewing? Wendy Like, do you have a somewhere that they should go? Wendy Is there people they should talk to? Wendy What do you what do you recommend for people to do that? Julia Herz So I love it. Julia Herz It's interesting. Julia Herz Wendy, the Times you and I are in and and thank you to our gentleman listening and and the Co hosts here allowing us to talk about the notion of sometimes being a woman in beer is there's a different slant. Julia Herz

Or perception, but that you also slipped in people into your into your question.

Julia Herz

So my answer back is no matter where you identify gender wise, everyone can brew.

Julia Herz

So take the gender out of it, but yet to acknowledge that you are saying that many women often feel intimidated or based on circumstance.

Julia Herz

You know, a little muscled out or mansplained and that, you know we want anyone brewing and that's part of the era of 2022 and forward for homebrewing who are very prolific, amazing, you know, mentor group of men that are the majority of who brew.

Julia Herz

The women factor, which is, you know, give or take 10% based on the data that I've seen from RH a membership and other data it needs to grow.

Julia Herz

That's very disproportional. We need, we need more women brewing beer, and so the safest way to feel comfortable is up to each individual. But homebrew clubs, there's 2200 of them.

Julia Herz

Homebrewersassociation.org has the most prolific database of homebrew shops and homebrew clubs. So you.

Julia Herz

Can look up.

Julia Herz

Your local homebrew club.

Julia Herz

And stop into one of those homebrew clubs.

Julia Herz

Go to a.

Julia Herz

Meeting test it out and have them guide you along.

Julia Herz

Or you go to one of your local shops and say, I'm a beginning Brewer, I want to be with people, or I want to brew on my own.

Julia Herz

What exactly do I need?

Julia Herz

And often you have most everything you need already in your kitchen, minus, you know, a few small things at the shop.

Julia Herz

Might recommend and the ingredients for whatever beer.

Julia Herz

We own humbers association.org have had two videos. The easy amber ales. Amazing, just really approachable beer. There's a lot more going on in Amber Ales and people might realize, so we recommend an Amber ale as a way to start home brewing. 5 gallon batches are common. You can even make one gallon batches these days. I've done that recently.

Julia Herz

It fermented in a one gallon jug.

Julia Herz

They shipped it to me.

Julia Herz

I had everything in.

Julia Herz

The box so from getting unpacking that box I was ready to brew.

Julia Herz

And so I would say no matter the gender, do your approach that makes you feel comfortable, but seek out the the experts or the authorities around you on the club level or the shop level and then go online to to ask questions as you brew your beer.

Julia Herz

Taste your beer because we have, for example, you know, 100,000 plus people on American Homebrewers Association forum.

Julia Herz

People are online forums in many, many places and you can ask questions in a safe environment there so you are less intimidated and can just toss out those like, hey, it might sound you rudimentary to you, but I'm stuck.

Julia Herz

Can you help me?

Wendy

Nick, I think you had a question.

Nick

Yeah, I want to kind of keep part, kind of a similar kind of keep Afeta central theme going here.

Nick
And I I really gotta give Rob for kudos for this one, because this was definitely his idea for asking those questions.
Nick
So, so, Julie, you have been an unwavering advocate for expanding the beer community.
Nick
Allowing trying to make it all inclusive so that way everyone who's everyone can enjoy what's being put out there, whether it's homebrew, whether it's out there in industry, etc, in the wake of sexual harassment and assaults and probably being more.
Nick
Brought up in in news and whatnot, more that so, probably more so than ever and a lack of racial diversity.
Nick
Continue to see what steps are being taken to show equity and equality in craft beer.
Nick
At least from the home Brewer, from the Home Brewers Association perspective and what do you and to kind of add to this to add a second part of this, what do you think the industry itself should really be doing to kind of make sure that?
Nick
Beer is for all, not for just select folks.
Julia Herz
Right, and you lot to unpack there, my friend.
Julia Herz
You, you come out, come out swinging on a great question.
Nick
I can tell you, I asked a lot of.
Robear
I'm smart.
Nick
Loaded questions.

Nick

Sometimes they run on sentences, so.

Julia Herz

And well, you, you know in in me saying that I'm not meaning to just sit in negative way at all.

Julia Herz

I'm, I'm complimenting you on a lot to unpack because these are the times we're in and the beverage of beer based on advertising, you know, historic marketing. It was marketed to legal drinking adult males, you know, 21 to 35.

Julia Herz

So the beverage of beer compared to, say, the?

Julia Herz

Beverage of wine?

Julia Herz

Has already out of the gates, at least in the US.

Julia Herz

Historically been more male than female and and So what you kind of get at is what's going on in the national level and there's a tremendous amount going on.

Julia Herz

You've got a growing group of DPI, diversity, equity and inclusion.

Julia Herz

Uh professionals or wannabe helpers and advocates that are in the space.

Julia Herz

For example, on homebrewing side for the HK American Homebrewers Association, I lead with saying we want to make homebrewing accessible to.

Julia Herz

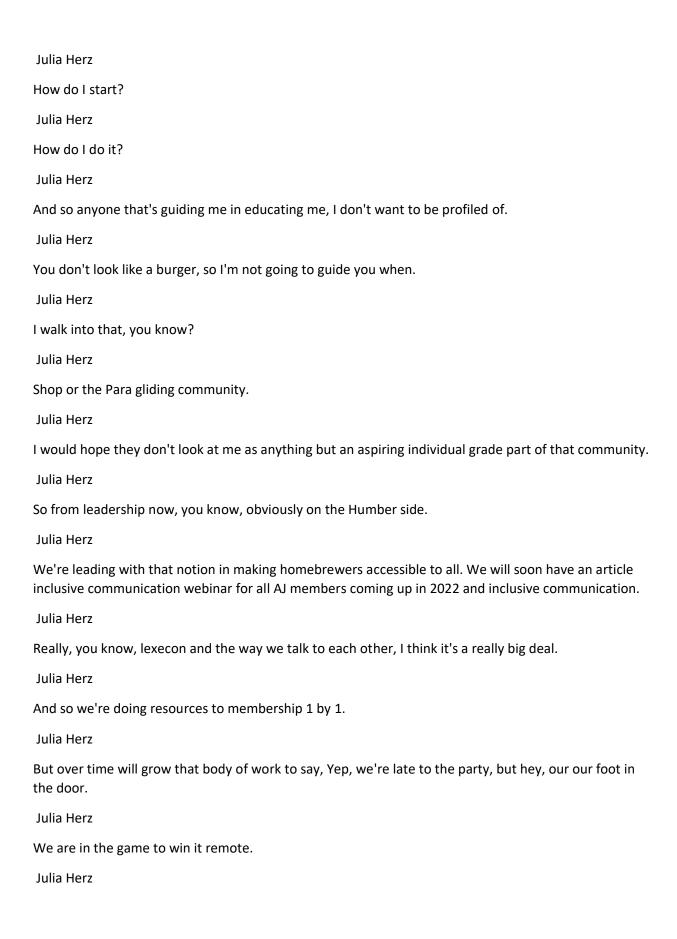
All when I say accessible to all, it means we take the intimidation factor out of it, just like Wendy was bringing up, right?

Julia Herz

Because any new hobby can be intimidating if I want to paraglide if I.

Julia Herz

Want to build birdhouses?



It takes decades or generations to really create cultural shift, change cultural norms.	
Julia Herz	
But I'm here to say, as a woman in beer, that beer should not be signified as as you know, for one specific gender.	
Julia Herz	
And then there's a lot more that I could answer on tactics on the professional side for craft Brewers from Brewers Association.	
Julia Herz	
There's incredible work going on from the perspective of committees.	
Julia Herz	
In membership.	
Julia Herz	
Rolling up their sleeves both on the professional side and the homebrewing side, putting in time in the work to build resources to showcase to people in beer that are the stakeholders in the industry, the producers, here's how you become more inclusive.	
Julia Herz	
You brought up not just equity, right, but equality.	
Julia Herz	
They're different.	
Julia Herz	
Julia Herz Here's how you can be aware of what the difference is, and here's how you can have your work and conscious effort in this space trickle out to make it a more inclusive community.	
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Nick
That is.
Julia Herz
Tough right now with 117 top right?
Nick
I better.
Nick
Well, no I I think we need.
Nick
I think if you.
Nick
Listen to some of the earlier episodes of this show.
Nick
It was just.
Nick
Me, Ken and Dan, just getting drunk for two.
Robear
Hours. Oh yeah.
Ken
I wasn't saying, yeah, I don't suggest.
Ken
Listening to some of.
Ken
These no do.
Nick
Yeah, I don't think that's it.
Robear
It it's a lot.
Robear

It's a good time.
Nick
It it works.
Robear
I'm usually saying.
Robear
I'm usually saying racist things and it goes.
Robear
Oh no.
Nick
Just get you work.
Nick
Yeah Rob was there so but but I think that but as we've kind of morphed into what we are today.
Nick
And personally, I think the pandemic has been a blessing in disguise for this particular show where we can branch out from the state of Michigan and and get people from, you know, Brewers, breweries from outside of the state of Michigan and people such as yourselves, not just so much on the brewery side.
Nick
But home Brewers associations?
Nick
Petra, that's why.
Nick
I think that's one of the reasons why we keep doing this, because there's more to the story than just someone wanting to start a brewery in their basement and then thinking, oh, I'm going to make this a business.
Nick
You know, I think there's more to I I know Ken laughing.
Nick
But there's more to it than just that.
Nick

And I think that's one of the reasons why we've morphed over the last several years into having these conversations, because let's face it, those are the conversations that we need to have. Nick And yeah, they're tough. Nick I know people make it, say it might make them uncomfortable, but this is our show. Nick And we can do and you know, Ken will say this, we can do whatever we want on this show and I think we need to. Nick Have these kinds of conversations. Julia Herz And I haven't, and I would add to you what you're sharing. Nick Think it's. Julia Herz I'm talking to a lot of homebrew clubs, a lot of homebrew shops, and one of the number one things that the homebrew clubs are asking me is how can we be more inclusive? Julia Herz How can we recruit a more diverse? Julia Herz First group of participants and members. Julia Herz So what you're saying is in concert with the times, right? Julia Herz It is unfortunately the world really not changing fast enough if you come from a marginalized population, if you happen to be, you know, woman identified, not male if you are. Julia Herz

You know, you know, an example of diversity in whatever fashion.



Κ	e	n
٠,	·	

I think one, it's an important conversation and not to plug an upcoming show, but obviously that's just what I'm going to do here.

Ken

On June 17th, as we celebrate Juneteenth, a national holiday in the United States, we are actually having the drinking while black panel.

Ken

Repeat of what we did last year, this time hosted by Aaron Jose.

Ken

Who created the documentary 1 pint at a time, who we had on our show as well as?

Ken

Robert bringing in.

Ken

A handful of black beer drinkers in the industry, talking about their experiences now as if I were wearing a flannel.

Ken

I'd basically be if you ask someone.

Ken

What is a craft Brewer beard, maybe bald flannel, white like I am the, you know the the look of that.

Ken

When you're discussing home Brewers associations and you're trying to bring in non, not necessarily like you're you're you're attempting to diversify to understand that, hey, we want to be inclusive.

Ken

We want to bring everyone.

Ken

We want to bring you in if you're, you know, black, white person of color.

Ken

Female, male, like, we want to bring everyone in.

Ken

But my question to you is, is that as an educator, as someone who is so intelligent with beer, how do these local Brewers guilds like we've got the Coonan Brewers Guild, the Ann Arbor Brewers Guild, how

do we bring in a more diverse?
Ken
Group and attract them to come to our group.
Julia Herz
Do your group of homebrewers to your group of beer enthusiasts.
Speaker 3
Yeah, both. Both.
Julia Herz
What do?
Julia Herz
You need.
Ken
And just just to to beer drinkers, beer Brewers, beer fans.
Julia Herz
It's it's.
Julia Herz
It has to go across the DNA of everything you do, from the imagery on your website to the nomenclature and lexecon that you use.
Julia Herz
Inclusive language needs to be conscious.
Julia Herz
To how you treat people as soon as they walk in the door the first time, so they come back 10 times more to reaching out to groups that are not already who you're interfacing with.
Julia Herz
Go to the local universities.
Julia Herz
Go to the local community colleges.
Julia Herz

Seek out the clubs that are already grouped up because they're part. Julia Herz Of a population that needed to group up to feel safe and actually have comfort conversing with each other and use the topic of brewing and beer appreciation. Julia Herz 'cause a lot of. Julia Herz You know, groups today maybe aren't homebrewing. Julia Herz They're they're more, you know, social drinking clubs and that's good. Julia Herz That's OK you are social drinking club. Julia Herz Wendy raises their hand, right, and you, and you're doing an example of having that Juneteenth June 17th show you use your platform to go after people that you would not naturally gravitate to. Julia Herz When you say we know. Julia Herz Beer we know brewing. Julia Herz We want a mentor. Julia Herz It means something to us to expand our community. Julia Herz How can we get you involved? Julia Herz You have any people that are interested in brewing? Julia Herz These are the things that we do to, you know, keep our our group aware of conduct, right?

Julia Herz

Establish a code of conduct for your your.

Julia Herz

Group or your business or your club?

Julia Herz

Right, there's all these little things, but it has to be deliberate day in and day out, and then you have to admit privilege.

Julia Herz

I have privileged I'm a I'm a white identified female.

Julia Herz

I did not graduate with student debt.

Julia Herz

I have lots of things that no matter how hard my life is based on disabilities that I have, you know?

Julia Herz

On the you know.

Julia Herz

Executive function disability with dyslexia, ADHD I'm still never going to have as hard of a time as many others that are out there for marginalized populations.

Julia Herz

So admitting your privilege, going after people that you normally wouldn't interface it takes conscious effort and then keeping at it even when those people say no thank you because if you can bring them to beer, because many people like beer and use that as the bridge point, right there is a connection point in the glass.

Julia Herz

Eventually you could win them over if you really mean it and you really back it up.

Ken

I think one of the important things you mentioned is to afford these groups to take initiative.

Ken

A lot of these groups exist within the confines of their their brewery, their group, their Facebook page, whatever, but to take the initiative to be more inclusive, to be more welcoming.

Ken

Be more understanding.
Ken
Because sure, they may feel like they are inclusive.
Ken
While they're at.
Robear
The brewery because.
Ken
They would tell anyone who ever walked up to them while they're doing a bottle share, you know?
Ken
Hey, come on.
Ken
Try a beer be.
Ken
You know, to go a little bit further and you, you mentioned a few good things, joining local groups, the local universities, 'cause, a lot of those kids are over 21 and bringing in these groups of people whether they are, you know, not.
Ken
Minority based groups within the craft beer world, bringing them in and inviting them in.
Ken
We've talked a lot.
Ken
I know Rob wants to talk to you, so I'm just going to pass it over to rob here.
Ken
'cause I know Rob, Rob has some questions for.
Ken
You as long as he's not dying from the pollen.
Julia Herz
Let's go figure he got what he got.

Robear
Well, I guess the the first thing I would, I would.
Robear
Like to say.
Robear
That it it's good that that I don't have to even go into the questions because of how great my allies on this show are that I don't even have to start asking that because.
Robear
Uh, I know that as my allies that they have my back and you know, as you know, one of the black craft beer drinkers that are here in Detroit and the surrounding area that you know, there's there's not a lot of us.
Robear
There's not a lot of black craft beer craft brewery owners.
Robear
I I think the.
Robear
The stat was that like 93 1/2%?
Robear
Of the breweries are are white owned, so we don't, we don't have a whole lot of, we don't.
Robear
We don't have a whole lot of lot of space.
Robear
So it it it is one thing that I that I can hope that you know while the steps are being made that I I wish the steps were bigger and I wish the steps were moving faster, but.
Robear
You know we can, we can only.
Robear
We can.
Robear

We can only go, as you know, as fast as it will take us and I would rather continue to go forward than have any motion where it goes backwards. Robear So II, I'm definitely like I said, I I it's it's not as satisfactory as I would like, but it's still going forward. Robear So that that's one thing I I do. Robear I'm glad for and and I'm glad for the team here. Robear Now, I actually kind of wanted to, since, you know, my my white brethren have taken care of the question I want. Robear To go back. Robear To some homebrewing. Robear UM, now I haven't. Robear It obviously was brought up here, but unfortunately I have not home brewed in quite some time. Robear I think it was probably the last time. Robear Was in 2016. And I mean, I do miss it, but you know, when you have a family and and three kids and an electric stove, it does make brewing time a bit difficult. Robear I'm curious, how do you fit homebrewing with life as it goes on? Julia Herz It's a fair question. Julia Herz I so feel for that.

Julia Herz

The catch is that an electric stove in your kitchen is a perfect place to home brew.

Julia Herz

And you, like I said to Wendy, you probably already have the equipment you need to do it, so you want to think of reasons to brew, right?

Julia Herz

You have a family gathering coming up and instead of bringing that lasagna that's gonna take you 3 hours, you grew.

Julia Herz

That's gonna take you 3 hours, right? Other reasons to brew we give you at the American Homebrewers Association recent brew all year long we just hosted big group that had, you know, almost 900 people participate.

Julia Herz

Created from multiple countries across across the world.

Julia Herz

So you get.

Julia Herz

A date on your calendar and you say this is a horrible holiday, right?

Julia Herz

We've got meet day coming up in August.

Julia Herz

We've got learn to homebrew day coming up early November.

Julia Herz

So reasons to brew, whether it's a family gathering or somebody birthday, I want to do something special for somebody.

Julia Herz

Else, sometimes that's a easier reason for us to carve out our time 'cause we're all such givers to everyone else besides ourselves.

Julia Herz

But the catch is Rob.

Julia Herz

That you're going to have a beer for you, no matter the reason for somebody else that you thought of brewing it. Julia Herz So I would say life gets busy. Julia Herz We prioritize what matters to us and. Julia Herz If you can. Julia Herz Just carve out three or four times a year being, you know, that brew day. Julia Herz Then you're a homebrewer. Julia Herz So I would say put it on the calendar. Julia Herz Find a reason to brew and you're gonna be psyched you did, and it's it's not as long as you think once you commit and get your get your recipe and ingredients, though. Robear And and there is one thing that that I I do want to brew. Robear Uh, my had this idea that I wanted to make a beer in honor of my mom. Robear My mom had had passed away back in 2018 and one of the things that she really liked out here it was, uh. Robear Bakery that made a lemon bar with blueberries and so I had this idea where I wanted to make a. Robear Beer that kind of emulated that flavor that would have, you know, that tart lemon with a hint of

blueberry and a a nice kind of, you know, like just, I don't wanna say a finish, but at least like like some

sort of shortbread kind of kind of flavoring to go with it.



I'm constructing a recipe and people are going to jump on that 'cause we all want to share our hobby with each other and we want more people brewing.

Julia Herz

So back to my answer to the question, and I think you're smart, start with the base style and then you sneak in the lemon, right?

Julia Herz

And you try to emulate that shortbread essence and and blueberry.

Julia Herz

I would say that as you were talking I was thinking about a wheat based Dale, right, maybe a Brooklyn or vice that you know are goza.

Julia Herz

That has already some kind of snap of tart and a little bit sour in it would be the base wheat malt tends to be very pillowy, a little bit more bread, like you take a piece of bread out of the bag.

Julia Herz

Bag and you pinch the middle of it.

Julia Herz

You know that sweet malt flavor, right?

Julia Herz

It's not the edge of the.

Julia Herz

Bread that's been exposed.

Julia Herz

To the baking.

Julia Herz

That gets a little bit more like pale malt or Vienna Munich Malt.

Julia Herz

That's that flavor of shortbread to me.

Julia Herz

But shortbread you know meet you want light and pillowy so I would have to be a wheat really heavy.

Julia Herz

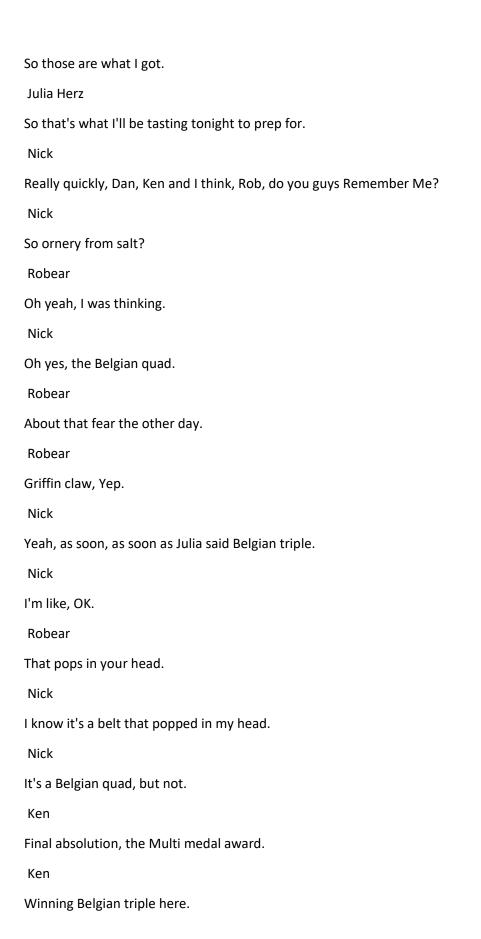
On the wheat and then go from there. Robear OK, and I guess that leads me to to my last one here in that one of the reasons why I haven't brewed in a while is because my last two batches basically turned to the DA. Robear That's mainly because I didn't know the science. Robear Uhm, I I tried to do. Robear Do a like a a barrel aged flavored Oreo cookie stout and didn't know that I wasn't supposed to put the Orioles in while there while it was fermenting and just kind of doing just silly things that obviously not knowing the science. Robear Uhm, I love to take classes, but time and money aren't there. Robear And then along with the worry that another four weeks of brew will taste like basically a used wet Planet Fitness sock. Robear Uhm, how do you combat? Robear Like a bad brew? Robear Like what? Robear What do you say to a person who has a bad brew and says, well, I suck at this. Robear This takes too long to make. Robear Why should I bother trying? Robear



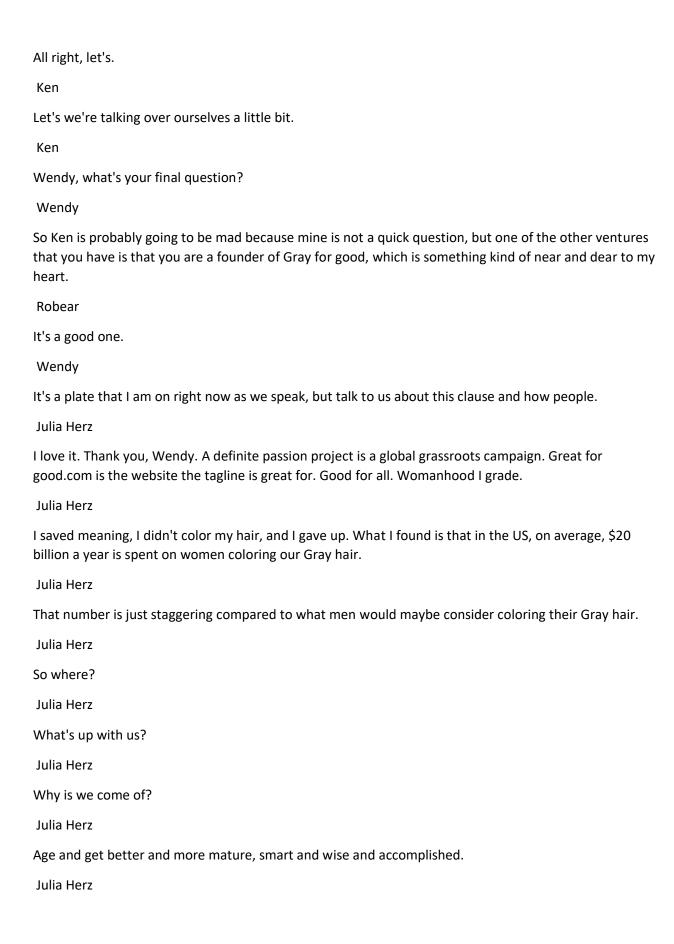
Ask people that grew that kind of stuff all the time and they can help you formulate the process and steps so, you know do it right from out. Julia Herz Of the gates. Robear And and as it's funny because being one who does bake that is one of the things I do is is follow the recipe. Robear So it's it's it. Robear I don't know. Robear I guess I I didn't want to go with this with the souffle metaphor, but it is kind of deflating when a beer decides to just kind of go the wrong way. Julia Herz Yeah, it is. Julia Herz It's frustrating, it's expensive and but you know, the smaller batches, the average home Brewer that's more advanced is brewing 5 gallons. Julia Herz That's confirmed, but the smaller batches, it's less risk. Julia Herz So I encourage. Julia Herz People to breathe out one gallon test batch. Julia Herz You know, if you're a commercial brewery and you have a pilot brewery, that's a smaller batch for your bigger eventual production. Julia Herz It's the same thing at home.

Julia Herz
If you're a homebrewer, your pilot brewery can be those one in three gallon batches.
Julia Herz
So get your set up for that and then when you really love.
Julia Herz
The recipe.
Julia Herz
Then you brew 5 or 10 gallons.
Robear
Well, that's going to be the step then.
Wendy
Right now.
Ken
Rob, Rob, I appreciate the the souffle deflate analogy.
Julia Herz
I wish you luck.
Ken
I I heard it, I'm there for you and I appreciate it folks.
Ken
That's gonna do it.
Ken
We have our.
Ken
Final questions before we say goodbye to Miss Julia Herz.
Ken
We're going to start, however, with Nicholas.
Ken
Nicholas, what is your final question for Julia Herz?
Nick

So uhm.
Nick
You're in Colorado.
Nick
We got the weekend coming up.
Nick
It's not a holiday weekend, but it's still a weekend.
Nick
What's in your fridge that you're going to be indulging in this weekend?
Nick
If there's any events or it's just chill at home kind of thing, what are you indulging in beer wise this weekend?
Nick
Homebrew or or from a local brewery nearby?
Julia Herz
I'm presenting tomorrow at the homebrew, the Brew Hut in Aurora, which is tide to dry Dock Brewing.
Julia Herz
If anybody heard of dry dock out of Colorado, and I promised them that I would bring a Belgian tripel 'cause.
Julia Herz
I'm doing sensory demonstration in person.
Julia Herz
I have brewed that several weeks ago, but I'm not quite sure it's carbonated enough yet, so I need to try that crack a bottle and if it's not carbonated enough then I'm probably going to start dipping into some of my needs that are rather aged because I know they're reliable and I have them.
Julia Herz
I wanted to serve something I made and say something.
Julia Herz
That we bought.
Julia Herz



Nick
No, no, I'm sorry.
Robear
I literally thought.
Nick
I'm sorry and I'm sorry and Griffin claw is just near to near and dear to my heart.
Robear
Also should be on Wednesday.
Nick
I'm sorry.
Ken
Not laufende Mon from Unibrew, the international triple standard?
Nick
Yeah, well, I'll say this and then we'll pass on to the.
Nick
Next person I.
Nick
Don't drink lafawnduh Livin Livin demand all that much.
Nick
I'll, I'll say it.
Robear
Drink some be.
Nick
So order expensive drink me.
Wendy
And once.
Nick
So order.
Nick



Do we then start to feel diminished because our hair is going Gray and that it's like, not a good thing in our tool belt?

Julia Herz

Long story short, I'd love to shift the \$20 billion from women coloring our Gray to instead women and girls causes because they are disproportionately funded. Only 1.9% of overall giving in the United States goes to women and girls.

Julia Herz

Causes I can back that stat up.

Julia Herz

It's it's terrible and the statistics saying it gives me chills.

Julia Herz

So the bottom line is one day as I grow this campaign I will have a purpose driven trust where people can contribute into it and decide which women and girls causes.

Julia Herz

Get those funds.

Julia Herz

But for now, I just love to see on social media, you know, hashtag great for good.

Julia Herz

Pick a women and girls 'cause.

Julia Herz

There's 50,000 of them in the United States. Pink Boots Society is listed as one of them. And donate your savings or a portion of it from not coloring your Gray to that cause. Go fruit, go through the pain.

Julia Herz

In anguish of going Gray.

Julia Herz

I have fully done it, and I finally own it and feel comfortable in my own skin again and, you know, support other women who go Gray.

Julia Herz

And that's that's my advice.

Julia Herz

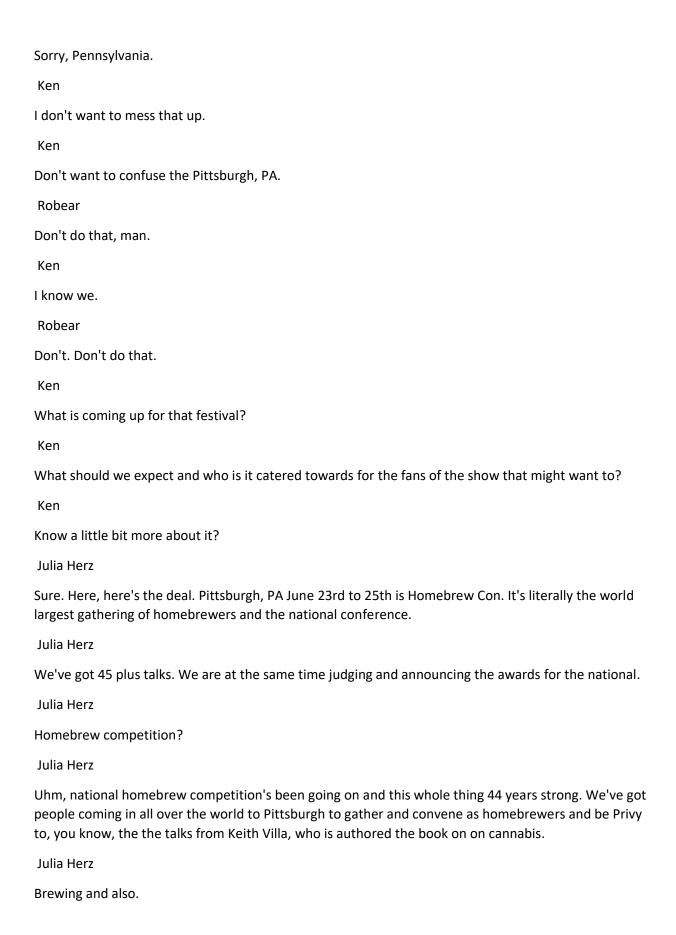
I'm grateful for you talking about it.

Julia Herz
I'm here for you, Wendy.
Julia Herz
If you ever want to chat offline about it on the journey, please give me a call
Wendy
I definitely will.
Ken
Speaking of going great, Dan.
Robear
Yeah, so I've been great since my early 30s.
Robear
I just hide it well.
Robear
Well, but Julia totally going to put you on the spot.
Robear
And and if you don't have an answer for this, that's OK.
Robear
I do.
Robear
But the Belmont Stakes of this weekend, who are you picking to win?
Julia Herz
Oh my gosh, Dan, you, if you have an answer, I want to hear your answer.
Julia Herz
I put that back to you.
Robear
All right.
Robear
All right.
Robear

So Ken and Nick.
Robear
Will get this, but we.
Robear
The people put your money on it.
Robear
But don't blame us if they don't win.
Nick
OK, OK, Jake.
Nick
Jake Hager.
Ken
I feel like last week I need to make sure to mention that this is not a financial advising, podcast or financial advice.
Robear
Yes, if you bet on that for my advice, and it's a spoiler.
Robear
But if you put your money on that and it isn't a spoiler, then I'm sorry.
Julia Herz
Little politics, no religion, no financial advising.
Ken
I feel like.
Robear
And no gambling, apparently.
Ken
I was going to say we might have to add, we did have a whole gambling episode.
Robear
We did.
Ken

Julia, do you have an answer?
Ken
Do you just agree with Dan?
Ken
We the people.
Julia Herz
You know what?
Julia Herz
I'm going with Dan the man I trust him 'cause he humbers.
Ken
It's one of the reasons why I don't trust him, but rob, what's what's your final question?
Robear
All right, this is what I feel like I have to adapt, because lately and and pretty much the answer has always been the same.
Robear
So, kind of fill in the blank.
Robear
You can always tell a brewery quality by their logger, but you can also tell a brewery quality by their what.
Julia Herz
I mean if you.
Julia Herz
OK this this.
Julia Herz
Assume this makes assumptions my answer, but by their by their American Indian parallel if they're making an IPA.
Julia Herz
They they better home run it.
Julia Herz





Julia Herz Is cereal beverages. Julia Herz We've got Doctor Jackson, doctor Doctor J Nicole Beckham Jackson who is Day 2 keynote and talking about her journey on homebrewing 'cause. Julia Herz She's a homebrewer and and AJ member, but the closing headline speaker is Bill Covaleski of Victory Brewing, who has been an AJ member since his start. Julia Herz And all of the resources helped him get Victory Brewing going, which is now an amazing regional craft Brewer Homebrew Expo where you can buy equipment. Julia Herz There's a 40 plus sponsors. Julia Herz We have club night with 40 plus clubs personally serving to impress each other and all attendees. Julia Herz We've got brewery tours. Julia Herz So the list goes on and on. Homebrewcon.org is where to check it out June 23rd to 25th. Julia Herz And I would say if you can't catch that becoming a member, membership pays for itself. Homebrewersassociation.org join us. Julia Herz We'll give you reasons to brew. Julia Herz We'll give you resources to brew. Julia Herz Better beer will help you pay for your membership. Julia Herz

And yet tenfold and back and you'll be part of an amazing community that rewards your your you know, your home, hobby, and even in your career if you want.
Ken
Julia Herz, thank you so much for joining us on this episode 291 of the Better on draft podcast.
Ken
My name is Ken for my co-host Rob, Nick, Wendy and Dan.
Ken
We appreciate you joining.
Ken
Us and no matter what you think of your beer, we think it's.
Ken
Better on draft.
Ken
Have a good night.
Robear
Time that perfectly peace.